



ST JOSEPH PORTIONS



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St Joseph Portions

St Joseph is caught in the ice cold waters of the southern Atlantic Ocean. Our portions are once-frozen & tightly graded. Our St Joseph Portions offer consistent quality at great value. This is a versatile white fish, perfect for multiple applications.

Key Facts

- Wild Caught
- No Hormones, No Antibiotics, No Preservatives
- No Colourants, No Additives
- Area of Catch FAO 47
- Skinless & Deboned
- Once Frozen
- Shatterpack
- Available All Year
- Easy To Prepare
- Great Tasting
- 24 Month Shelf Life When Frozen

Cooking Suggestions

- Ideal For Deep Frying
- Oven Bake
- Pan Frying
- Grilling

Sizes

- 100g-120g
- 120g-140g
- 140g-160g
- 160g-190g

Packaging

1x5kg Shatterpack

Scientific Name

Callorhincus Capensis



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